

# SESSION 2

## DISCUSSION GUIDE

# LAUNCH

### THE BIBLE

Mark 2:1-12; Galatians 6:2

### THE BIG IDEA

We grow best through relationships, not hierarchies.

**WHAT?** *What are we talking about?*

**NOW WHAT?** *What do we do about it?*

#### QUESTIONS

- How many close friends do you think most adults have?
- How many close friends do you have?

#### STORY

*Talk about a challenge you've faced developing or maintaining authentic friendships as an adult. Invite others to share their stories too.*

#### SAY . . .

Relationships can be hard to make and manage as adults, but let's think about how the relationships we do have impact our spiritual lives.

**SO WHAT?** *Why does it matter?*

#### VIDEO | "Launch," Session 2

*Play the video for this session.*

#### DISCUSSION

- Tell us about someone who gave you guidance when you were younger who made a big difference in your life. What was so great about them?
- Where could you be more intentional about asking for help? What holds you back from asking for help when you need it?
- What do you have to offer in this season of your life that could benefit people around you?
- What gifts or skills do you have to offer that could benefit others?
- What have you been taught about the kinds of people who could be mentors, accountability partners, and leaders before today?
- Were there any new ideas or perspectives about community from today's story that you want to process together with this group?

#### PRAYER

#### RESPONSE | Make a Connection

*Invite everyone to write down the names of at least one person in each of the following categories, and then reach out to have coffee or a conversation: someone older, a peer, and someone younger.*